

OUR VISION of care

At Mileade, we aim to offer you the perfect combination of holidays and well-being.

Experience the beauty of the sea and unlock a revitalized complexion with every application.

A personalized experience that we have developed with high quality products and expert professionals certified by our partner Thalgo.

THALGO
LA BEAUTÉ MARINE

Thalgo is a French brand, a world leader in marine cosmetics products.

Thalgo draws its inspiration from the heart of the sea. Discover the **transformative power of sea-derived cosmetics** for your skin and overall well-being.

BODY cares

MASSAGES from around the world



- **CALIFORNIAN - Release** - 50 min - 79 €

Relaxing massage to unwind tensions, especially those in your back, where all your emotions reside.

- **HAWAIIAN - Cocooning absolu** - 50 min - 79 €

Derived from Hawaiian traditions, this enveloping massage is performed using the forearms. Large, fluid movements are punctuated by rhythmic kneading, creating a unique moment of deep relaxation.

- **SWEDISH - Intense Release** - 50 min - 79 €

Full body and deeply rejuvenating massage for absolute well-being. Pressure and kneading of the muscles are used to achieve total relaxation from head to toe. Ideal for athletes.

- **DUO MASSAGE***

A moment of relaxation and letting go to be shared in complete complicity. 50 min - 158 €

- **4 HANDS MASSAGE***

An unparalleled moment of relaxation. The four-hand well-being massage promises heightened relaxation, as the body is guided into a universe of softness and tranquility... Dare the exceptional.

50 min - 158 €

**on demand*



SKIN CARES

- **Hydrating Fundamental** - 60 min - 79 €

Radiance treatment, healthy glow effect, brightens, illuminates. A true hydration bath for your face.

- **Spiruline Boost Skin Care** - 60 min - 79 €

A detoxifying treatment to give you a fresh complexion and softening your skin



BODY TREATMENT 25 minutes
To combine with another massage or treatment - 42€

- **Salt Flake Scrub**

Treatment performed with micro-exfoliating flakes to gently scrub your body and soften your skin.

- **Island Scrub**

Treatment performed with white sand, sea salt, and coconut shell infused with Monoi scents to exfoliate and nourish your skin.

- **Pink Sand Scrub**

Treatment performed with pink sand and white quartz to gently exfoliate your skin.

- **Triple Algae Body Wrap**

An envelopment with a natural algae cream rich in minerals and trace elements to help tone your body.

RITUALS around the world



- **ARTIC WONDER Ritual** - 75 min - 119 €

A salt flake scrub followed by a relaxing massage with wonderful massage oil and soothing water bubbles. Soothing warmth and refreshing coolness alternate to relax the body... A Body free of tension.

- **PACIFIC ISLAND Ritual** - 75 min - 119 €

To enhance the skin, indulge in a delightful Bora Bora white sand scrub followed by a Mahana massage with sand pouches, before an application of Monoi-scented oil... Enjoy complete relaxation.

- **INDIAN OCEAN Ritual** - 75 min - 119 €

A ginger scrub followed by a rebalancing massage inspired by Ayurveda and the science of Marma points, gentle & enveloping maneuvers combined with toning movements and stretches... Regain harmony of body & mind.

- **SEA Ritual**

75 min - 119 €

- Face treatment Spiruline Boost
- Triple algae wrap
- Rejuvenating and anti-stress treatment

• **OTHER BEAUTY TREATMENT**
Pedicure - Manicure - Nail Polish
Application - Waxing

Prices available upon request

All prices inclusive of taxes valid until 30/11/2024